

JCPP Patient Care Process Workgroup's Recommended Revisions to the Profession's Medication Therapy Management Definition

Summary: In February 2017, the JCPP Pharmacist Patient Care Process (PPCP) Workgroup began work on revising the profession's 2004 Medication Therapy Management (MTM) consensus definition (Attachment A), a process that was initiated during the development of the *Standardized Framework for Cross-walking MTM Services to SNOMED CT Codes*. Revision of the MTM definition is part of a proposed JCPP initiative to develop a consistent lexicon of terms and definitions for the profession of pharmacy.

The PPCP Workgroup includes representatives from 13 national organizations who have participated in meetings on a monthly or bi-monthly basis using a consensus-based approach for decision-making. At the November 2017 JCPP meeting, a progress report on PPCP Workgroup activities to date was presented. Results from a public comment period to gather feedback on a draft revised definition and term were provided as well as an environmental scan that highlighted the variability in terminology related to medication management in the marketplace.

Since the November JCPP meeting, the PPCP Workgroup has met twice to make decisions on a revised definition and term for that definition. The Workgroup has also made decisions on several supporting statements for the definition but still has several supporting statements to finalize.

Key components of the Workgroup process include:

- Using a consensus-based approach for decision-making (attempting to arrive at decisions that every organization can live with and won't oppose publicly)
- Employing a modified Delphi process that included pre-meeting electronic surveys to gather organizational feedback to inform discussions at each meeting
- Developing a draft framework that depicts medication management services in the context of other medication-related services. This helped in framing the definition.
- Conducting a 30-day public comment period from the end of August to the end of September. Electronic survey was disseminated by Workgroup organizations

(556 completed responses and 380 partially completed responses) to get broader feedback, primarily within the pharmacy community.

- Evaluating comments received during the public comment period to arrive at a recommended definition and new term for the JCPP Board of Governors to consider

Action: The PPCP Workgroup recommends that the JCPP Board of Governors approve the following term and definition to replace the profession’s 2004 Medication Therapy Management Services definition:

Proposed Term: Medication Management Services*

Proposed Definition: Medication management services are a spectrum of patient-centered, pharmacist-provided, collaborative services that focus on medication appropriateness, effectiveness, safety, and adherence with the goal of improving health outcomes.

Please see Attachment B for rationale for the proposed term and definition.

Supporting Statements:

The PPCP Workgroup is in the process of developing supporting statements that can be used in conjunction with the definition to provide additional detail. These statements are intended to assist in marketing and educating other stakeholders about key aspects of pharmacist-provided medication management services. Below are the proposed supporting statements/concepts that are currently under Workgroup review. The statements that are marked “final” have been finalized by the Workgroup. The statements marked “concept” still need to be considered for inclusion by the Workgroup. The statements will be forwarded to the JCPP Board of Governors for consideration once the entire set of statements is finalized.

* The workgroup vote to recommend the new term “medication management services” was not unanimous. The Academy of Managed Care Pharmacy (AMCP) voted against a change in terminology and prefers to maintain the term “medication therapy management.”

Pharmacists provide Medication Management Services by:

- Consistently using the Pharmacists' Patient Care Process **(final)**
- Developing and maintaining a patient-pharmacist relationship that supports engagement and effective communication with patients **(final)**
- Collaborating and coordinating care with the patient, their caregiver(s) and other healthcare professionals. **(final)**
- Documenting care using established technology standards for the exchange of health information and to demonstrate quality and value. **(final)**
- Assessing the patient's medication use for appropriateness, safety, effectiveness, adherence, cost, and accessibility. **(final)**
- Statement on initiating, modifying and discontinuing medication therapy **(concept)**
- Statement on medication monitoring and follow-up **(concept)**
- Statement on pharmacist accountability for patient health and outcomes **(concept)**

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