Recommendations from the Patient Care Process Workgroup on MTM Definition Revisions

January 25, 2018

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Objectives

- Provide JCPP Patient Care Process Workgroup recommendations for revisions to the profession's 2004 Medication Therapy Management Definition (Attachment A)
- Discuss additional Workgroup activities

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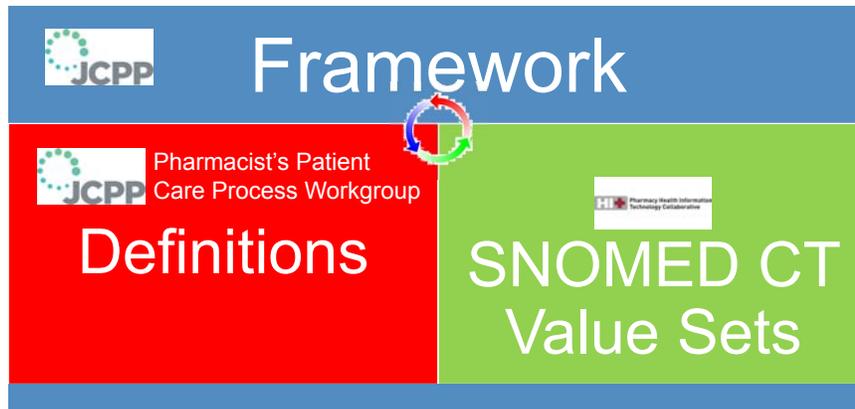# Patient Care Process Workgroup

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Overarching Goal

- Reach consensus on a revised MTM definition for the *pharmacy profession* that JCPP organizations can support
  - Consistency
  - Implications for Health IT coding infrastructure
  - Basis for how various medication management services are evaluated – do they meet the components of the definition?
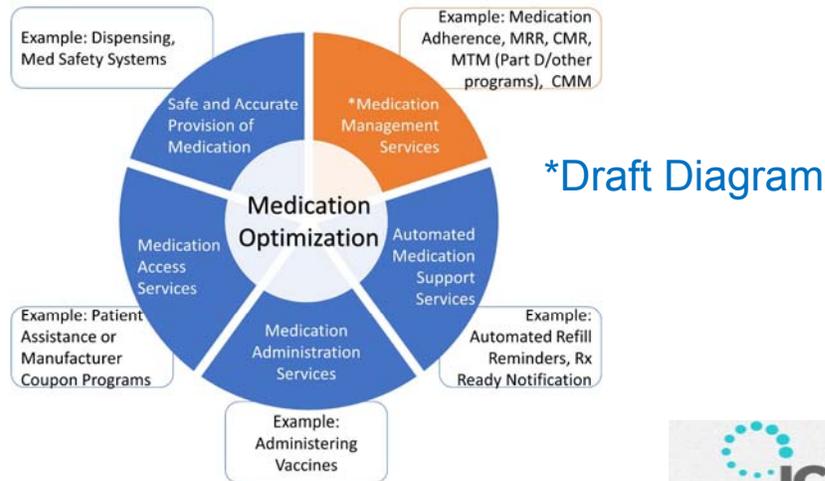
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JCPP Proposed Stewardship Approach

Definition Development Process

- **Consensus approach**
- **Environmental scan for existing definitions**
- **Modified-Delphi method - surveys disseminated after each meeting**
  - **Validate consensus decisions**
  - **Gather input on key issues**
  - **Survey results shared at the next scheduled meeting**
- **Workgroup meetings Feb 3 – January 16, 2018**
- **30 day public comment period – August 27 – September 29**

Conceptual Approach

*Draft Diagram

Proposed Term and Definition

Term: Medication Management Services*

Definition: Medication management services are a spectrum of patient-centered, pharmacist-provided, collaborative services that focus on medication appropriateness, effectiveness, safety, and adherence with the goal of improving health outcomes.

*The workgroup vote to recommend the new term "medication management services" was not unanimous. The Academy of Managed Care Pharmacy (AMCP) voted against a change in terminology and prefers to maintain the term "medication therapy management."

Rationale – Term (Attachment B)

- Environmental scan was conducted of terms used for Medication Therapy Management Services. There is significant variability in the marketplace. Desire to use a term that is broad with an understanding that various terms are likely to continue to be used in the marketplace (e.g. Part D Medication Therapy Management, Comprehensive Medication Management, Collaborative Medication Management). The definition can be the test as to whether a particular service fits the profession's criteria for Medication Management Services.

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Rationale - Definition

- Need for a broad, concise, easy-to-understand definition that focuses on the key elements of medication management. The definition can be used in advocacy to influence the design of services to meet the intent of the definition.

- Pharmacists have extensive expertise and training in the provision of effective medication management. This is the profession's definition for how pharmacists approach and provide medication management - important for educating, advocating, and marketing (within and outside the profession).

- Activities in the 2004 consensus MTM definition are part of the Pharmacists' Patient Care Process – this portion was removed for the proposed definition.

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Rationale - Definition

- Definitions for medication management, medication therapy management, and similar terms from various sources were evaluated. The Canadian Pharmacists Association definition "Medication management involves patient-centered care to optimize safe, effective and appropriate drug therapy. Care is provided through collaboration with patients and their health care teams." was identified as a framework starting point.

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Rationale - Definition

- Within the framework for Medication Optimization, Medication Management Services:
  - Are a spectrum of patient-centered services based on individual patient need
  - Include collaboration between the pharmacist, patient and/or caregiver(s), and other members of the healthcare team
  - Focus on medication appropriateness, effectiveness, safety, and adherence – including assessing medications for cost and accessibility
  - Include a goal of improved health outcomes
- Medication Management Services are not the only services pharmacists provide

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Discussion

Supporting Text for the Definition

Pharmacists provide Medication Management Services by:

- Consistently using the Pharmacists' Patient Care Process
- Developing and maintaining a patient-pharmacist relationship that supports engagement and effective communication with patients
- Collaborating and coordinating care with the patient, their caregiver(s) and other healthcare professionals.

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Pharmacists provide Medication Management Services by:

- Documenting care using established technology standards for the exchange of health information and to demonstrate quality and value.
- Assessing the patient's medication use for appropriateness, safety, effectiveness, adherence, cost, and accessibility.
- Concept: Initiating, modifying, discontinuing therapy
- Concept: Monitoring and follow-up
- Concept: Accountability for patient health and outcomes

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Workgroup Additional Next Steps

- Finalize supporting text statements
- Finalize the Medication Optimization diagram
- Consider other definitions from the SNOMED Framework document for JCPP endorsement/support

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Discussion

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