

Proposed definition for Medication Therapy Management*:

MTM* is a spectrum of patient-centered, collaborative, professional services that focus on the appropriateness, effectiveness, and safety of medication use with the goal of improving health outcomes.

*Note: term still needs to be decided. Potential terms being considered are:

- Medication Management
- Medication Therapy Management
- Collaborative Medication Management
- Comprehensive Medication Management

Draft Text supporting Pharmacists' MTM* Services

1. Consistently using the Pharmacists' Patient Care Process. [\[Link\]](#)
2. Using a person-centered approach to care that includes developing and maintaining a patient-pharmacist relationship that supports engagement and effective communication with patients.
3. Coordinating care with the patient and other members of the health care team.
4. Documenting the care provided using a standardized format (e.g. SNOMED CT) to demonstrate quality and value.

Draft Rationale for Definition:

- The management of medications can include contributions from various members of the health care team, including pharmacists. As the health care system moves to a team-based approach to care, there is a desire to have a broad, concise, easy-to-understand definition that focuses on the key elements of medication management (what it is) vs who performs it.
- The proposed definition has the following elements:
 - Patient-centered approach to care - the scope of services provided need to be individualized for a specific patient and not all services may be necessary for each and every patient.

- MTM* is a spectrum of services - MTM is a distinct spectrum of services that pharmacists provide, but it does not encompass the entirety of all pharmacist provided patient care services.
- Focus on improving the appropriateness, effectiveness, and safety of medication use and patient outcomes - medication management differs from other medication-related services (e.g. medication administration, medication access services, automated medication support services) by the evaluation of appropriateness, effectiveness, and safety of medication use. Medication use vs medication is used to distinguish from the role of the FDA in drug development.
- Collaborative approach to care that involves the patient and health care providers – patients want their care, including medications, to be coordinated among health care team members.
- Pharmacists have unique expertise in the appropriate use of medications and play a significant role in optimizing medication outcomes. There is a strong desire to have supplemental text to the definition that describes how pharmacists contribute to effective medication management. This supplemental text can be used in promoting pharmacists’ medication management services and describing how pharmacists deliver medication management.
- The 2004 pharmacy profession consensus definition included a list of activities that could be part of an MTM service based on the patient’s individual needs. Many of the activities in the 2005 definition are now included in the Pharmacists’ Patient Care Process (PPCP). It’s recommended in lieu of including a list of the activities in the revised definition, that PPCP be referenced in the supplemental text. A framework for medication-related services under a goal of “medication optimization” was used to determine the scope and parameters for of medication management services. There are many medication-related services of varying complexities, health care provider involvement, and patient involvement that range from low complexity technology solutions like medication adherence reminders to high complexity face to face services with a health care provider. Medication management services are distinguished from other types of medication-related services by the involvement of the patient, delivery by a health care professional, including pharmacists, and the focus on improving the appropriateness, effectiveness and safety of medication use. The provision of a medication product is not included in the proposed definition of medication management.
- Definitions for medication management and medication therapy management from various sources were catalogued and shared as part of the evaluative process for developing the draft definition. Ultimately, the Canadian Pharmacists Association definition “Medication management involves patient-centered care to optimize safe, effective and appropriate drug therapy. Care is provided through collaboration with patients and their health care teams” was also identified as a framework starting point.

Medication therapy management* or MTM* is used in this document as a placeholder term.