Specialty Pharmacists and Their Associations: Bringing Value to the Profession and Patients

HOPA
Hematology/Oncology
Pharmacy Association

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Providing Benefit to the Pharmacy Profession and Healthcare System

- **Growing the Profession:** There are 29,389 board certified pharmacists (BPS and CCGP)
- **Advancing the Profession:** Highly trained/skilled pharmacists advance the pharmacy profession through collaborations with medical specialties
  - These interactions have led to the development of new practice models and continue to grow the profession
- **Enhancing the Profession:** Expertise is transferrable to other organizations during times of need (drug shortages, collaboration on policies)

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Providing Benefit to the Pharmacy Profession and Healthcare System

- **Educating the Profession:** Specialists train future pharmacists who increasingly see the profession from the point of view of specialties
- **Promoting the Profession:** Specialty organizations develop close relationships with patient advocacy groups (National Alliance for the Mentally Ill, Commission on Cancer) which reflect positively on the profession in general
- **Improving the Healthcare System:** Specialty organizations develop policy and advocacy in areas within the specialty (Mental Health and Psychiatry). These efforts improve our profession and the healthcare system overall

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The Psychiatric Pharmacy Specialty

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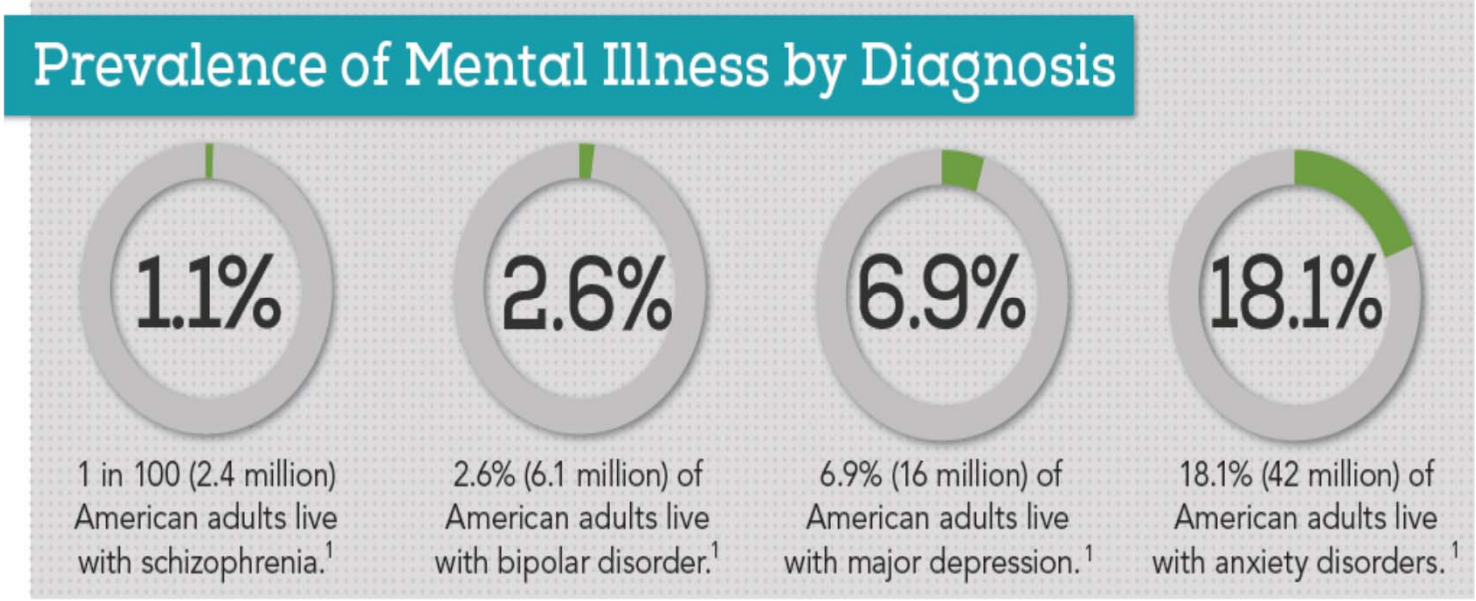
Mental Health Affects Patients and Caregivers



https://www.nami.org/NAMI/media/NAMI-Media/Infographics/GeneralMHFacts.pdf

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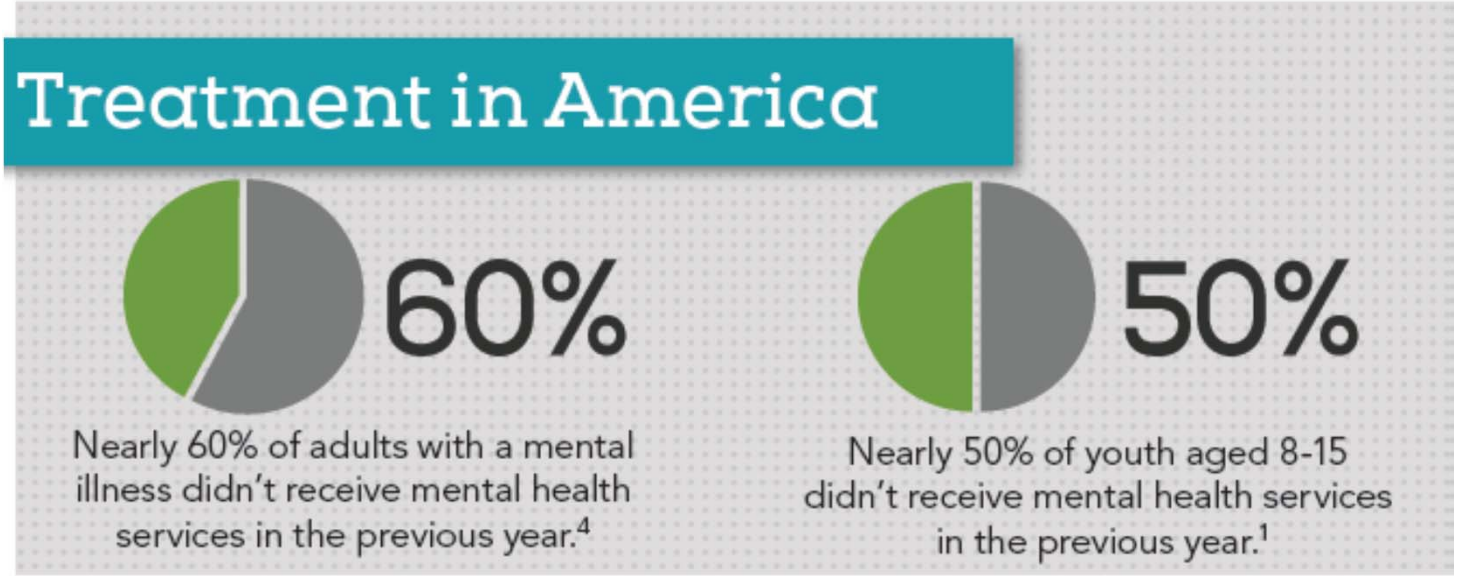
Patients with Mental Health Needs are Underserved



Psychiatrist Access

- 57% of psychiatrists are 55 years or older
- Providing fewer patient care hours
- Working exclusively in inpatient or closed managed care settings limiting access

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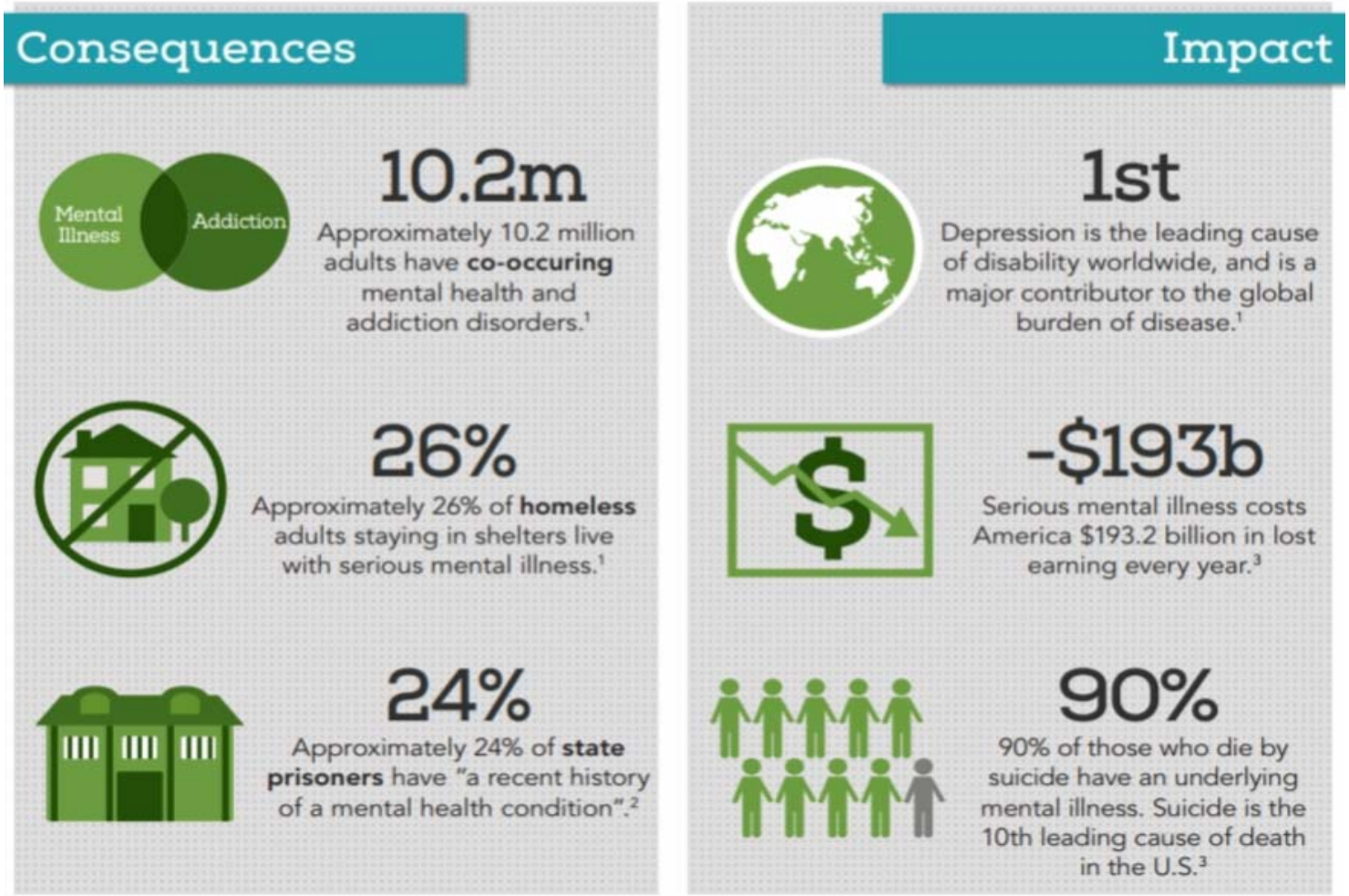
https://www.nami.org/NAMI/media/NAMI-Media/Infographics/GeneralMHFacts.pdf

Mental Health Affects Society
We Can Make an Impact



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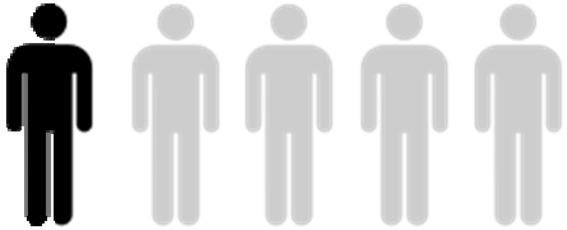
https://www.nami.org/NAMI/media/NAMI-Media/Infographics/GeneralMHFacts.pdf

The Impact of Mental Health

- 30% of filled prescriptions in 2014 were psychotropic medications and represent some of the fast-growing drug classes



- 20% of adults (25% of women) took at least 1 psychotropic medication in 2010

Psychiatry and Neurology will continue to impact our profession as we further expand our scope (MTM, CMM)

https://www.imshealth.com/files/web/IMSH%20Institute/Reports/Medicines_Use_and_Spending_Shifts/Medicine-Spending-and-Growth_1995-2014.pdf
http://www.medscape.com/viewarticle/753789
https://www.nami.org/NAMI/media/NAMI-Media/Infographics/GeneralMHFacts.pdf

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Why Does CPNP Exist?

Mission

Our mission is to advance the reach and practice of psychiatric pharmacists and serve as the voice of the specialty related to psychiatric pharmacy matters. While focusing on psychiatric and aspiring psychiatric pharmacists, we additionally inform the healthcare community on pharmacy-related issues impacting behavioral health.

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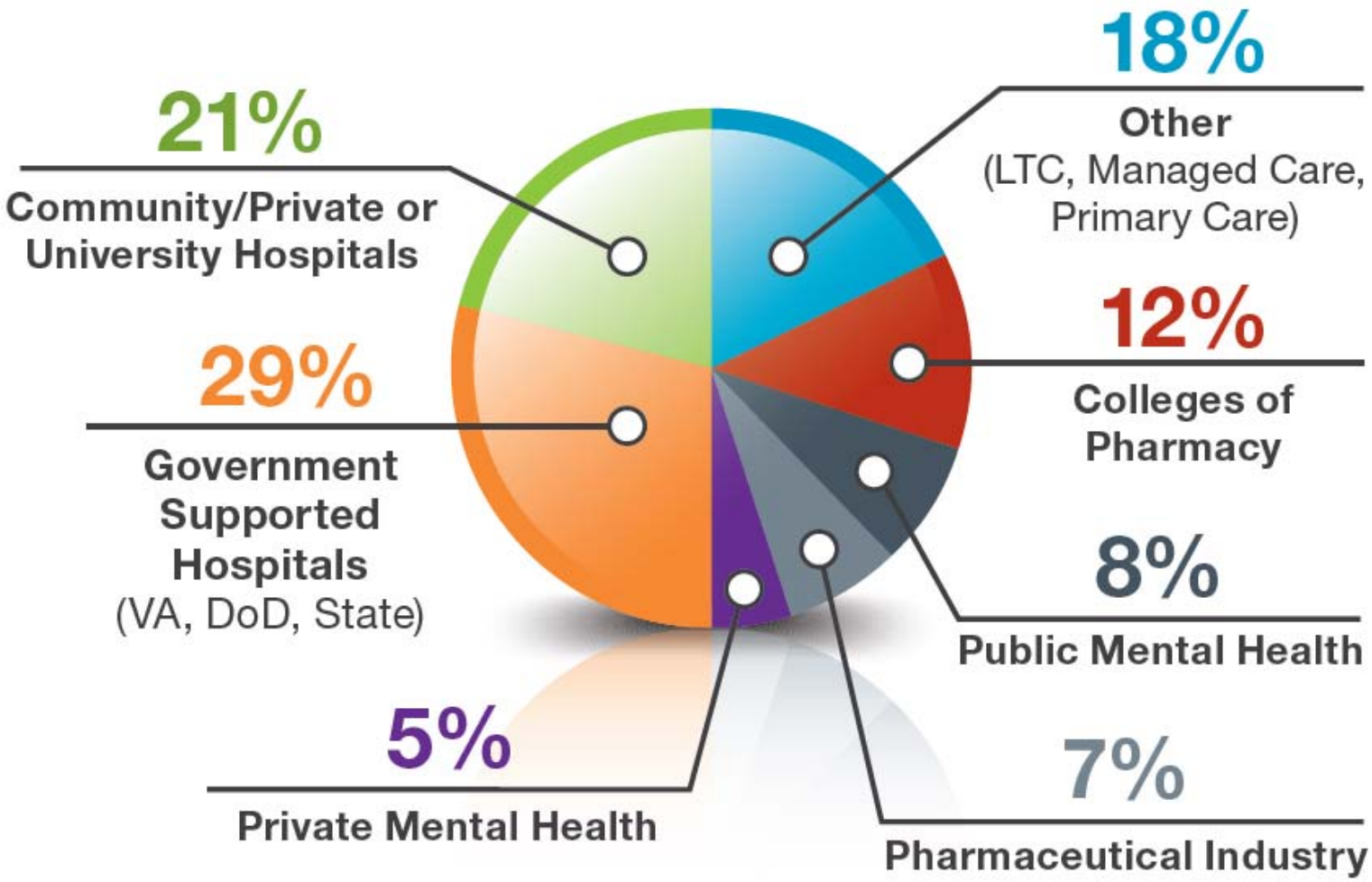
Members: Practice Settings



We represent hospital pharmacists, academicians and clinical pharmacists

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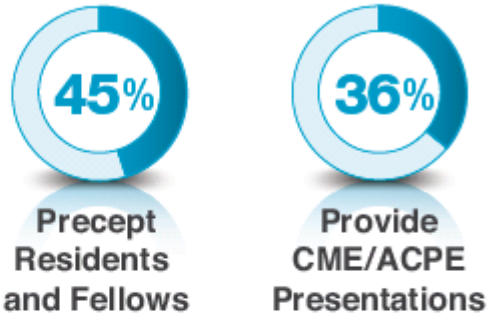
Members: Activities

Clinical Practice

Education and Training



Drug Policy

Research

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Members: Expertise

Board Certified Psychiatric Pharmacists

Residency or Fellowship Trained

Active in Research

Programs and Institutions Utilize Pharmacists to Teach Pharmacy Students, Medical Residents, and Nurses

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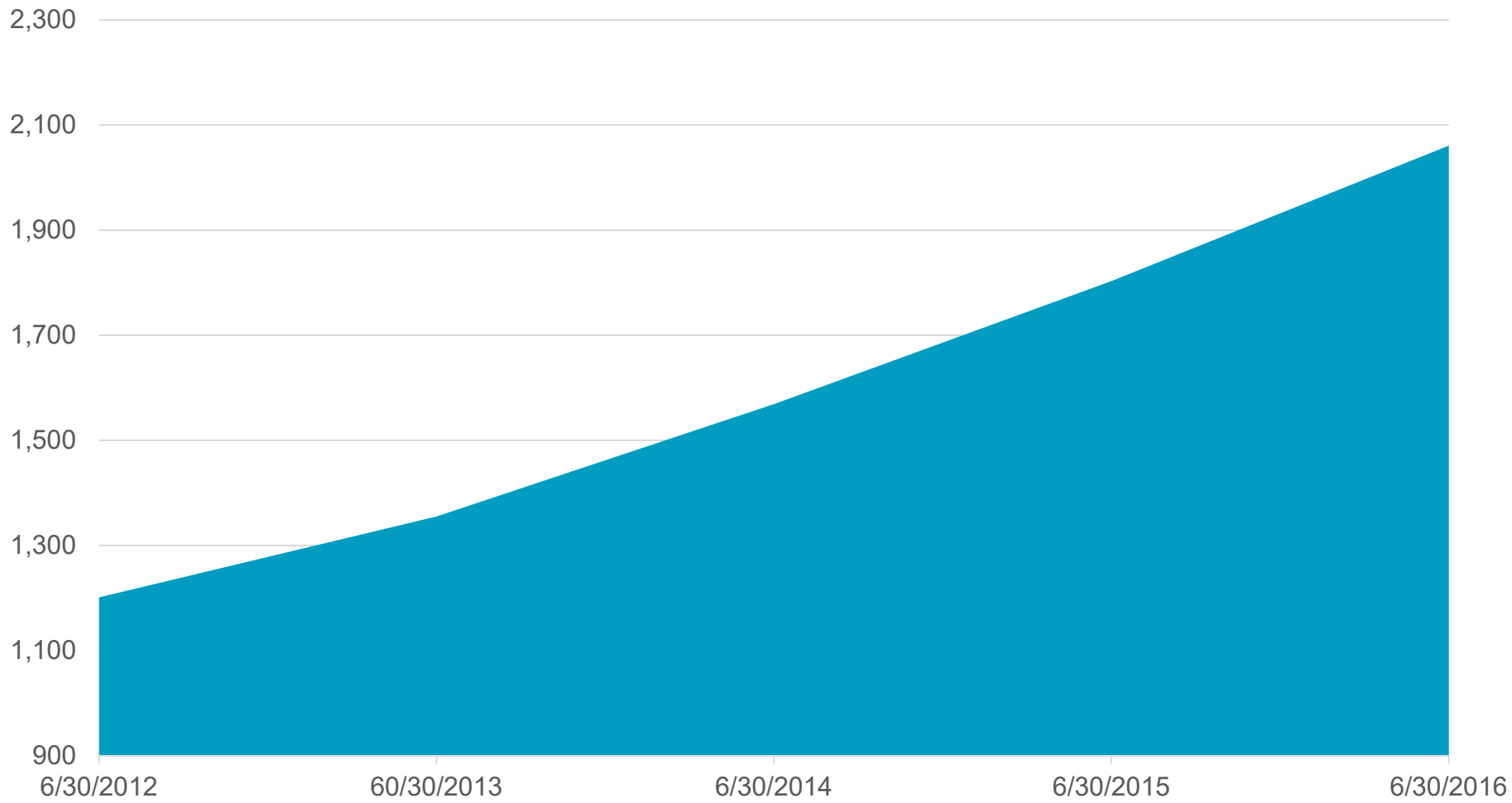
Membership



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Membership:
PGY2 Psychiatric Residency Statistics

Year	Number of Slots	Number of Unfilled Slots
2011	31	5
2012	31	7
2013	50	13
2014	64	14
2015	73	19
2016	80	5

4th largest PGY2 specialty

https://www.natmatch.com/ashp

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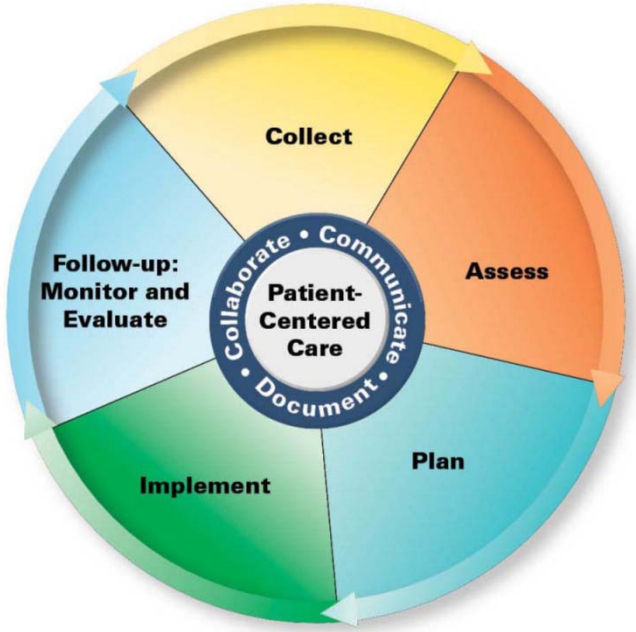
Living and Breathing the Patient Care Process

- Our members utilize the JCPP's Patient Care Process daily
- Psychiatric pharmacists treat the whole patient
- Although psychiatric pharmacists use different tools or terms, we perform these same activities
- Two CPNP members' Comprehensive Medication Management (CMM) practices were recently published
  - Ott: Early Psychosis Clinic
  - Cobb: Primary Care/CMM clinic



www.jcpp.net
https://cpnp.org/sites/default/files/GetTheMedicationsRight.v22final-5.20.pdf

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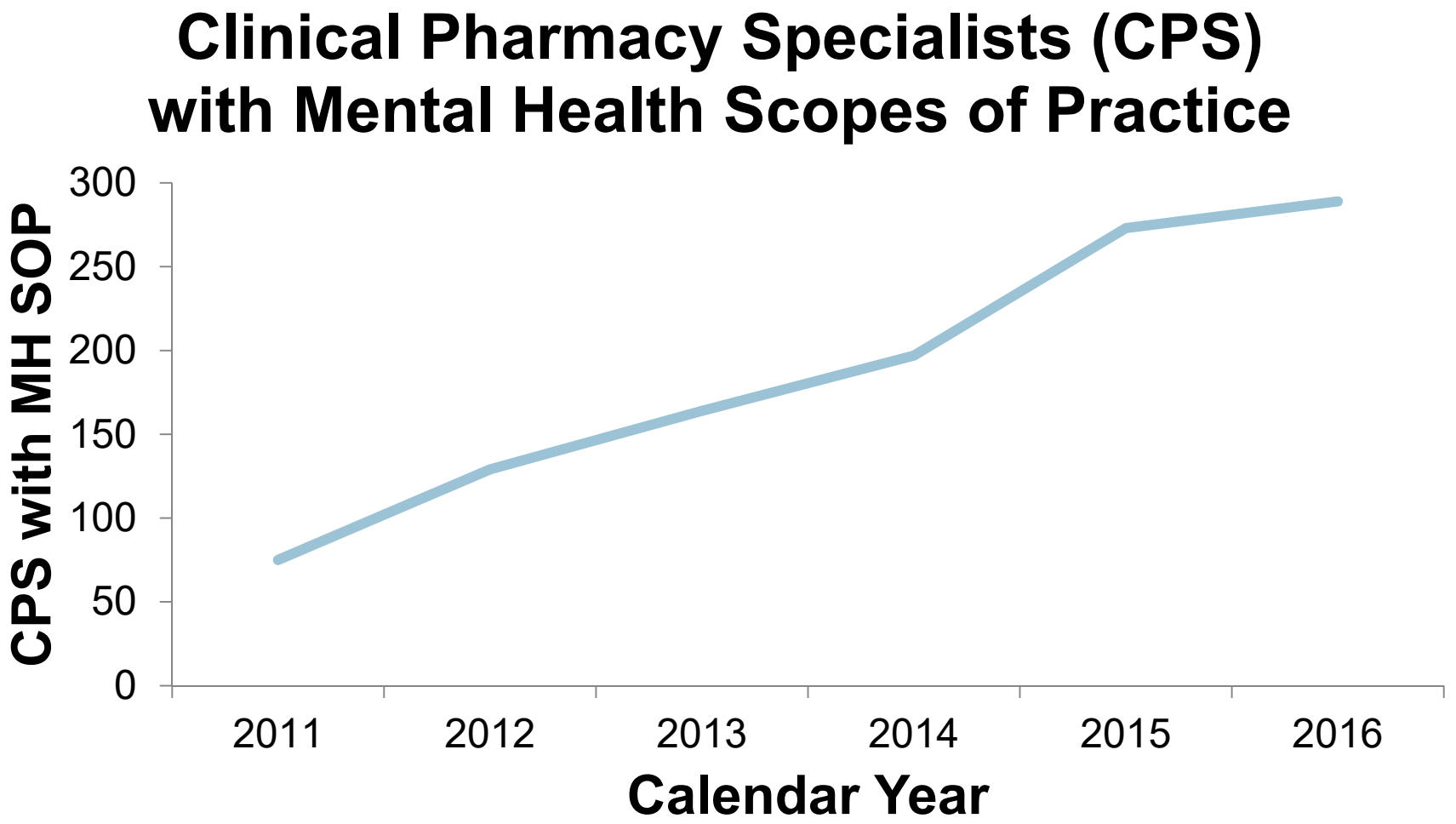
Making an Impact: Veteran Affairs Collaborative Practice Agreements



CPS Role in Mental Health; Department of Veteran Affairs. April 2016

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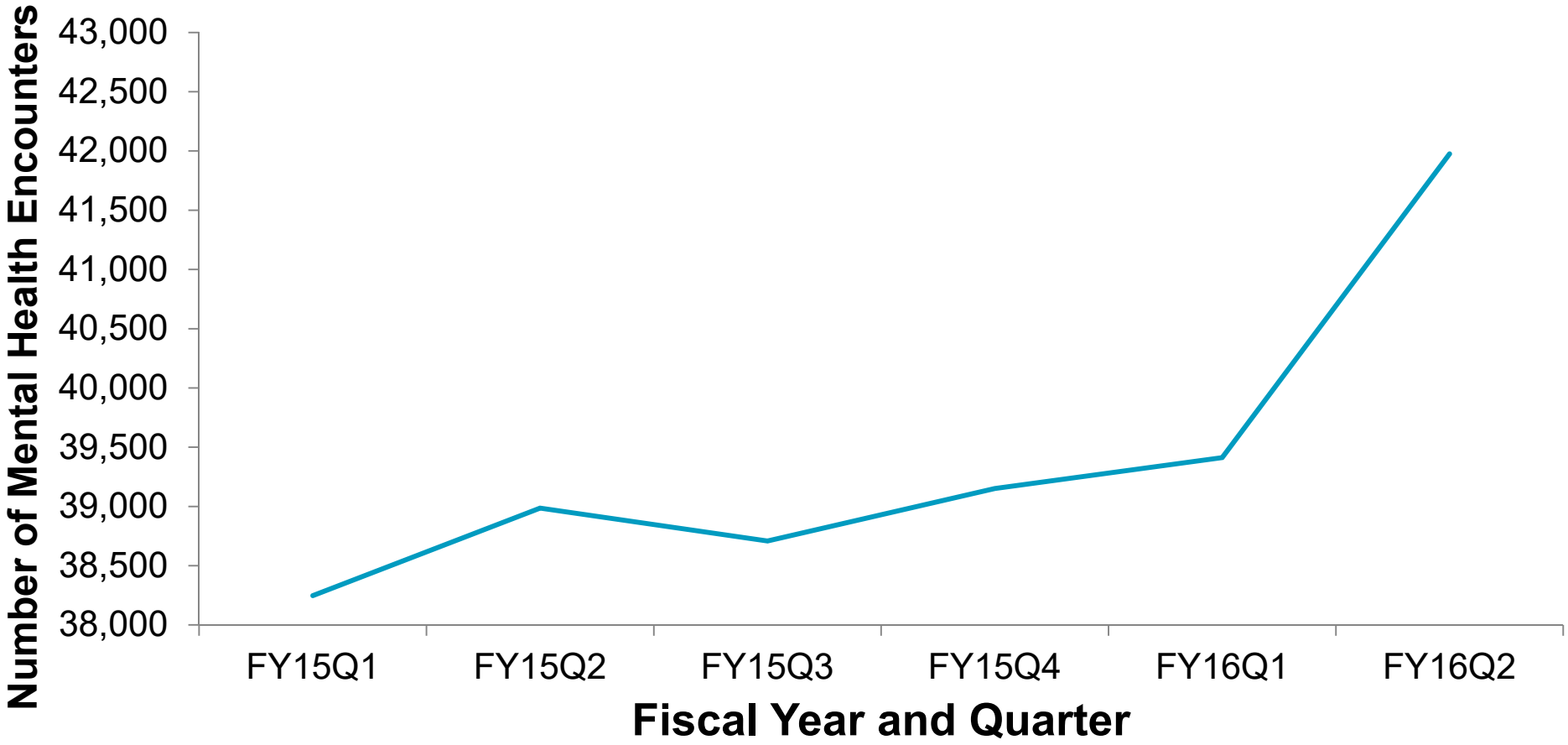
Making an Impact:
VA Pharmacist Mental Health



CPS Role in Mental Health; Department of Veteran Affairs. April 2016

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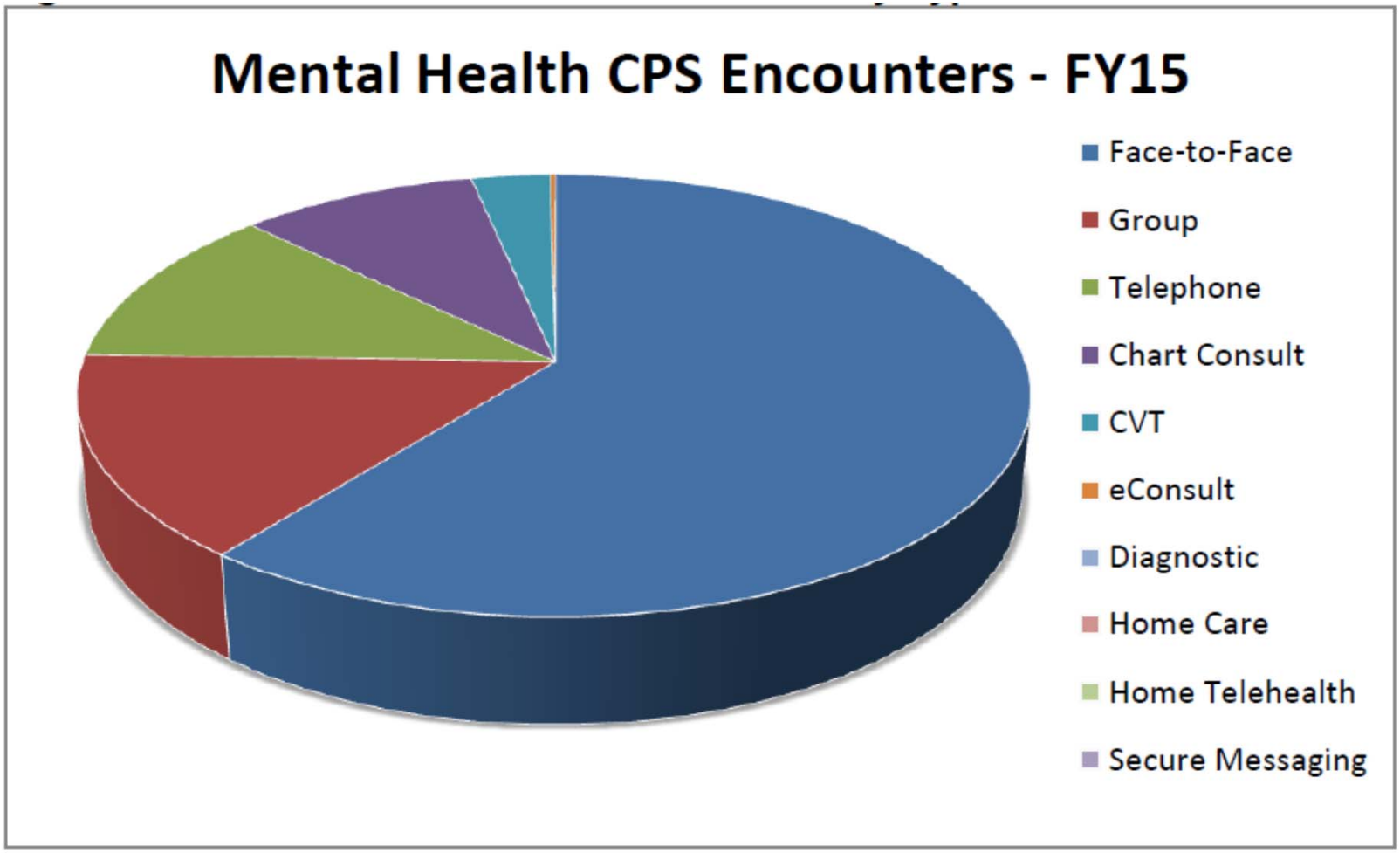
Making an Impact: VA Encounter Modality



CPS Role In Mental Health; Department of Veteran Affairs. April 2016

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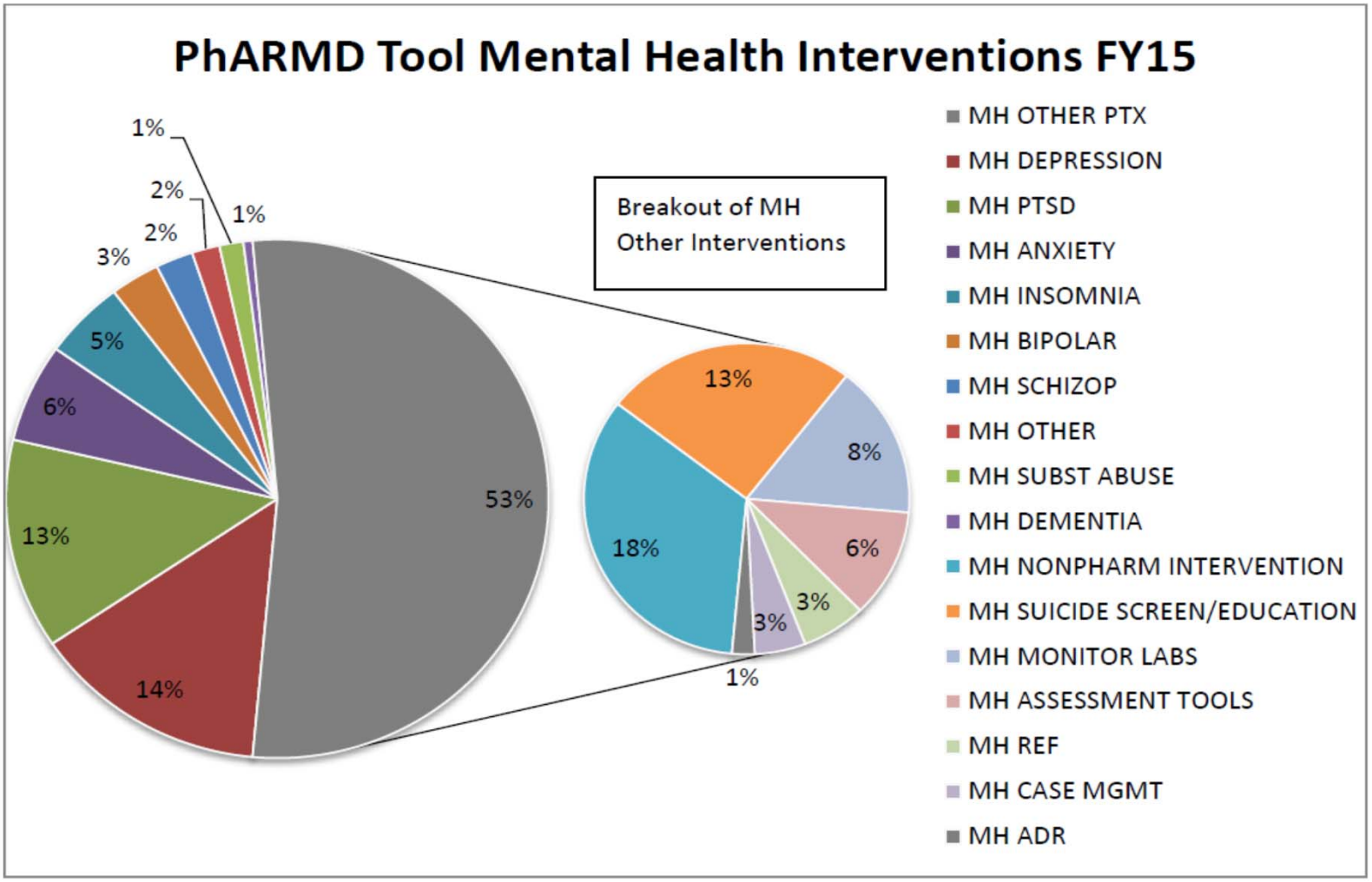
Making an Impact: VA Encounter Intervention Based on Diagnosis/Activity



CPS Role In Mental Health; Department of Veteran Affairs. April 2016

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Demonstrating our Value: CPNP White Paper

Bottom Line:

- Including a psychiatric pharmacist as a member of an interdisciplinary team:
  - provides positive impact on clinical outcomes (e.g., effectiveness, adherence)
  - optimizes pharmacotherapy
  - decreases adverse effects
  - increases patient engagement and adherence

http://mhc.cpnp.org/doi/full/10.9740/mhc.2015.01.001

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Making an Impact Through Collaborations

- **ACPE**: Accredited CPE provider
- **ASHP**: Co-sponsored BCPP petition, Shared BCPP recertification education until 2008, Residency Standards
- **ACCP**: Medicare Coverage Initiative-CMM
- **AACP**: FIP Paper, Curriculum Paper Close to Submission
- **ASCP**: Joint Sponsored Programming, Partnership for Part D Access, Comment Letter Intelligence/Info
- **NASPA**: LAIs, Collaborative Practice Agreements
- **BPS:** Sole BCPP recertification provider
- **Pharmacy Stakeholders Group:** Long-term member, USP 800 Task Force

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Source: [1]https://cpnp.org/about/partnerships

Advocacy Collaboration Spotlight: National Alliance on Mental Illness

- Relationship with NAMI for Nearly 15 Years
- Present annually at NAMI convention to patients, caregivers, healthcare professionals
  - Man an “Ask the Psychiatric Pharmacist” booth
- NAMI Walk fundraisers at our annual meeting
- Recipient of the “Excellence in Community Health Services Award”
- Jointly advocate for legislation and regulatory action supporting access and quality of care

NAMI
National Alliance on Mental Illness

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Advocacy Collaboration Spotlight: National Alliance on Mental Illness

Medication Fact Sheets

http://www.nami.org/Learn-More/Treatment/Mental-Health-Medications

- Over 45 medication fact sheets over 5 drug classes have been developed and maintained by CPNP for over a decade.
- New class (alcohol and opioid meds) launching early 2017
- In the last year: nearly 1.7 million page views, 1.55 million unique visits.
- In the last year: Accounted for 10% of page visits at *nami.org* with average of 10 minutes on each page.
- About 85% of the page views were also the entrance point.

NAMI
National Alliance on Mental Illness

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Regulatory Collaboration Spotlight: FDA Network of Experts (NofE)

Enables FDA staff to access a virtual network of experts who provide timely answers to scientific or clinical questions. NofE is designed to provide staff with rapid access to knowledge that cannot be gained through other mechanisms and is used to seek direct policy advice, opinions, or consensus.

- CPNP is One of 41 Members
- CPNP is **the Only** Pharmacy and **the Only** Mental Health Organization
- Most Recent Request is Related to Clozapine Administration in the Inpatient Setting

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Interdisciplinary Collaboration Spotlight: National Council

National Council for Behavioral Health (NCBH or National Council)-Medical Directors Council

- Invited to appoint a representative to an expert panel authoring a report recommending what can be done to improve access to psychiatric services
- Recommendations will provide a wide range of actionable solutions to reduce the inadequate access to psychiatric services.
  - toolkit to guide change in national and state policy
  - educate healthcare payer approaches for both governmental and commercial, mental health and addiction treatment provider organizations, and individual psychiatric practice
  - Recommend alternative service delivery models, including the use of other professions

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Making and Impact Through Education

- Continuing Professional Development
  - Anticipated 40+ CPD webinars over next year
  - 80+ hours ACPE-accredited CE per year
  - Interdisciplinary
- Expanding BCPP recertification offerings from 35 hours/year to 45 hours/year through 5 products; an increase from 3 products currently
- Serve 700+ attendees through our CPNP Annual Meeting featuring 40+ speakers; *CPNP 2017: Where Pharmacy and Psychiatry Meet*
- Produce and distribute education through CPNP University

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Making an Impact Through Information

- The ***Mental Health Clinician (MHC),*** CPNP's open-access peer-reviewed journal, educates and elevates awareness of the specialty with 40% year-over-year increase in readership. http://mhc.cpnp.org
- Support research through a scientific poster process: 217 poster displays at CPNP 2016
- Author a recurring column on pharmacotherapy of psychiatric medications in peer-reviewed Current Psychiatry

mhc
MENTAL HEALTH CLINICIAN

Current PSYCHIATRY

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Time Limited Areas of Focus

- Clozapine REMS
- USP 800 implementation in psychiatric facilities
- PGY2 residency standards
- Government Affairs Audit and Membership Study

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Ongoing Areas of Focus

- Strategic Allocation of Organizational Resources
- Provider Status and Reimbursement
  - Role of the Psychiatric Pharmacist in Community Mental Health and Primary Care
  - Promotion of Team-Based Care and Pharmacist Contributions
- Pharmacist Role in Substance Abuse
  - Shift in members' time in this area
  - Prescriptive authority for buprenorphine
  - Interface between pain-substance abuse-mental health
- LAI Administration by Community Pharmacists
- Psychotropic Use in Special Populations (children and geriatrics)
- Restrictions on Drug Classes in Medicare Part D
- Neuropsychiatric training in pharmacy schools

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Possible Future JCPP Agenda Items Important to CPNP as a Specialty Organization

- Treatment of opioid use disorder: Medication assisted therapies; role of the pharmacist
- Stigma among pharmacists/HCPs toward mental illness and substance use disorders
- Specialty pharmacists role and obligations in serving vulnerable/underserved populations
  - Additional roles for pharmacists in serving vulnerable populations (in serious mental illness, developmental disabilities, spectrum disorders)
  - Access to care
- Stakeholder input into FDA REMs
  - FDA presentation about REMS

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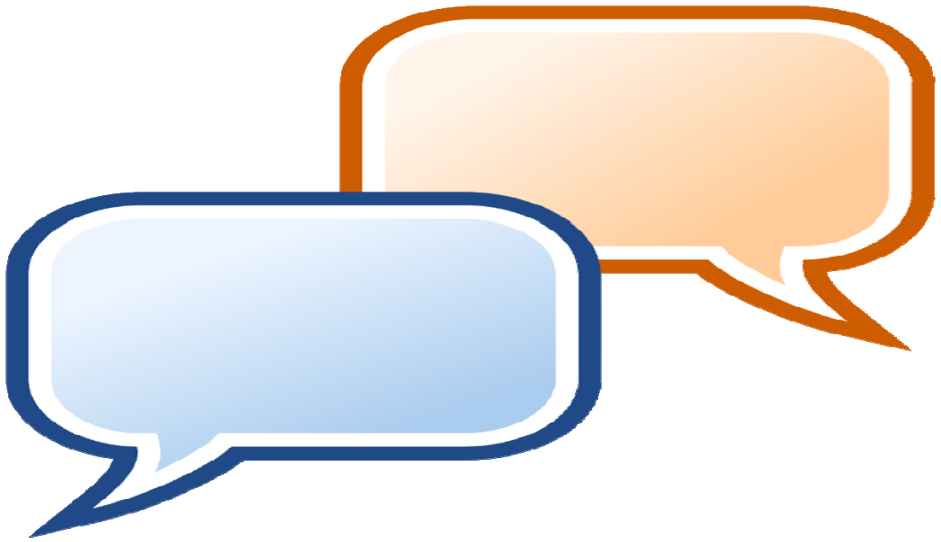
Discussion

- Thank you to the Department of Veteran Affairs for allowing me the opportunity to share internal data



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